
Living Compass Order Form

Name of Organization _____

Contact Name _____

Address _____

City/State/Zip _____

E-mail _____

Phone # _____

	PRICE	QUANTITY	TOTAL
Wellness Notebook for Teens	\$10		
Teen Leader Manual	\$25		
Fax completed form to 414-964-4327. We will contact you about payment and shipping options. Contact our office at 414-964-4357 or Edith at livingcompass.org for more information.		Product Total	\$

Living Compass Wellness Notebook for Teens \$10

This colorful, spiral-bound, 100-page notebook provides a place where teens can assess their own wellness in eight, interconnected areas (Handling Emotions, Relationships, Care of the Body, Stress Resiliency, Rest & Play, Spirituality, Organization, Work-School), learn about what they can do in each area to create more wellness in their lives, decide what changes they would like to make to become more healthy, answer reflective questions, and have a place to journal. It is meant to promote self awareness, to help teens realize that the choices they make each day are the building blocks of their adult life, and to empower them to make informed decisions that are in their long-term best interest. This notebook can be used by teachers, tutors, therapists, counselors, after school programs, AODA counselors, and individual teens. It is appropriate for students in the 8th grade and above.

Living Compass Teen Leader Manual \$25

This three-ring binder includes 67 pages of step-by-step, easy-to-follow directions for using the Living Compass curriculum with teens. Included in the price of the manual, all facilitators will receive their own *Living Compass Faith and Wellness Notebook for Teens*, which is needed as a companion to the Leader Guide.